



LIFESAVING SOCIETY
SOCIÉTÉ DE SAUVETAGE

The Lifeguarding Experts
Les experts en surveillance aquatique

Leadership recertification: the credit system

The Society has assigned a credit value to the courses and activities listed below. The credit value and status of these courses may change as modifications are made by the organization responsible. Because of this, and because new training programs are continually being developed, the credit list is updated from time to time. Courses and training programs which do not currently appear on the credit list may be eligible for credit value. In-service and pre-season training offered by employers are often given credit. To request recognition of such courses, fill out the *Application for Credit* form, and submit it to the Society for approval.

Make sure your credit card is validated and sent to the Lifesaving Society with your recertification fees, as described in our current price list, found online. Recertifying Examiner status is free when done at the same time as the corresponding Instructor status.

You may not "save" extra credits for next time – after you submit your credit card, any additional credits expire; you start with zero credits for the next 2 year recertification period.

| | | | | | | | | | | | |
|--|--|----------|------------|-------------|--|------------|--|--------------------------|--------------------|--|--|
| Lifesaving Society - Nova Scotia Leadership recertification credit card | | | | | | | | | | | |
| Last name | | | | First name | | | | Date of birth (YY/MM/DD) | | | |
| Jones | | | | Derek | | | | 84/07/02 | | | |
| Street address | | | | ID code | | | | | | | |
| 21 Main St., Apt. 3 | | | | JON45A | | | | | | | |
| City | | Province | | Postal code | | Home phone | | | | | |
| Halifax | | NS | | B3H 3E1 | | 555-1212 | | | | | |
| Email | | | | Work phone | | | | | | | |
| derek.jones@email.ca | | | | 567-4444 | | | | | | | |
| Please check off the awards you wish to recertify (✓): | | | | | | | | | | | |
| Award stream | | | Instructor | | | Examiner | | | Instructor Trainer | | |
| Swim | | | ✓ | | | | | | | | |
| Lifesaving | | | ✓ | | | ✓ | | | | | |
| Boat Rescue | | | | | | | | | | | |
| BOAT | | | | | | | | | | | |
| First Aid | | | | | | | | | | | |
| National Lifeguard | | | | | | | | | | | |
| For office use only: Date card(s) issued: _____ | | | | | | | | | | | |

| | | |
|---|--|---------------|
| Lifesaving Society - Nova Scotia Leadership recertification credit card | | |
| Course | | Credit value |
| Competed in Lifesaving Series | | 1 |
| Location | | Date |
| Dartmouth Sportsplex | | March 2, 2007 |
| Evaluators signature | | |
| Frank Pye | | |
| Course | | Credit value |
| taught EFA course | | 1 |
| Location | | Date |
| Northcliffe Pool | | July 12, 2007 |
| Evaluators signature | | |
| Thomas Smith | | |
| Course | | Credit value |
| NLS Recert | | 1 |
| Location | | Date |
| Lifeplex Wellness Centre | | March 7, 2008 |
| Evaluators signature | | |
| Jessica Lamb | | |
| Did you remember to: | | |
| <input type="checkbox"/> Enclose validated credit card <input type="checkbox"/> Calculate recertification fee and enclose payment <input type="checkbox"/> Send to Lifesaving Society 5516 Spring Garden Rd., 4 th floor Halifax, NS B3J 1G6 | | |

During the two year recertification period, accumulate 3 credits by participating in your choice of courses, clinics and training programs. Credits may be selected directly from the credit list below, or you may apply to have a specific course assigned a credit value by the Society. Three credits are required to recertify, regardless of how many leadership awards you hold, or are recertifying simultaneously. Lifesaving and Swim Instructors may select their credits from any item on the list. Instructors of National Lifeguard, First Aid, BOAT, and Boat Rescue programs must select their credits only from those in category B. Examiners must include a minimum of one credit marked in the *Examiner* column. Instructor Trainers must have taught an Instructor course. *Note:* each item or recertification of each item may be applied only once during each 2 year recertification period. Recertification of any item listed below is worth one credit.



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| Category A | Category B | Examiner | Credit value |
|---|--|----------|--------------|
| Teaching one of the following complete courses: Swim program, Swim Patrol program, Bronze medals, Basic/Emergency first aid, any CPR course, coaching Junior Lifeguard Club, or Water Rescue for First Responders | | ✓ | 1 |
| Participation in a complete Bronze or higher course as a candidate | | | 1 |
| Attending an Examination Standards Clinic | | | 1 |
| Bronze Medallion certification | | | 1 |
| | Bronze Cross certification | | 1 |
| | Advanced Instructor certification | | 1 |
| | Standard First Aid certification | | 1 |
| | Boat Rescue certification | | 1 |
| | Conducting three or more examinations as an Examiner (Bronze Medallion or higher) | ✓ | 1 |
| | National Lifeguard Service certification | | 1 |
| | Judge/Official at lifeguard competition | ✓ | 1 |
| | Competitor at lifeguard competition | | 1 |
| | Full attendance at National conference | ✓ | 1 |
| | BOAT certification | | 1 |
| | First aid or CPR certification – any agency | | 1 |
| | Synchro Trilliums 1-4; or Medals Bronze, Silver, Gold | | 1 |
| YMCA Leader certification | | | 1 |
| YMCA Assistant Instructor or Assistant Coach | | | 1 |
| | Canadian Power and Sail Squadron Boat Pro, Ride Smart or higher certification | | 1 |
| | Teaching one of the following complete courses: Distinction, Advanced Instructor, Boat Rescue, BOAT, Standard First Aid, Oxygen Administration, AED, National Lifeguard, Exam Standards Clinic | ✓ | 2 |
| | Swim or Lifesaving Instructor certification | | 2 |
| | Distinction certification | | 2 |
| | Examiner appointment | ✓ | 2 |
| | First Aid Instructor certification - any agency | ✓ | 2 |
| | National Lifeguard Instructor certification | ✓ | 2 |
| | BOAT Instructor certification | ✓ | 2 |
| | Instructor Trainer appointment (any level, any agency) | ✓ | 2 |
| | Water Safety Instructor certification | | 2 |
| Childsafe Instructor | | | 2 |
| Recreational Synchro Instructor certification | | | 2 |
| | NCCP Technical level I, II, III | | 2 |
| | YMCA Swim Instructor or Coach certification | ✓ | 2 |
| | YMCA Trainer appointment | | 2 |
| | Canoeing instructor | | 2 |
| | Snorkel Diver Instructor certification | | 2 |
| | SCUBA Instructor certification | ✓ | 2 |
| | Teaching a complete Lifesaving Society Diploma course | ✓ | 3 |
| | Teaching one of the following Instructor courses: Lifesaving Instructor, Swim Instructor, Boat Rescue Instructor, BOAT Instructor, First Aid Instructor, National Lifeguard Instructor | ✓ | 3 |
| | Lifesaving Society Diploma certification | | 3 |